

BIBLIOGRAPHY OF THE PAPERS OF MAX GERSON, M.D.

Prepared by and copyright © 1999 Howard Straus. All rights reserved. Reprinted with permission. Revised and edited (2005) by Andrew W. Saul, with the assistance of DoctorYourself.com volunteers.

(Editor's note: *Max Gerson, MD was Nobel-laureate Dr. Albert Schweitzer's personal physician. Dr. Gerson's life moved through the First World War in Germany, the resulting Great Depression, and flight from Hitler's persecution in the 1930's to the United States. That's why so many of his publications are in German. A very good introduction to his work (in English) is the movie **Dying to Have Known** (2006). You may watch the entire film free of charge at*

<http://video.google.com/videoplay?docid=-7357629140536485998>)

BOOKS

Gerson, M. *Meine Diät: ein Ratgeber für Kranke und Gesunde*. 4., verb. Aufl. [*My Diet: advice for the ill and the well*. 4th rev. ed.] Berlin: Ullstein, 1930.

Gerson, M. *Diättherapie der Lungentuberkulose*. [*Diet Therapy of Pulmonary Tuberculosis*] Leipzig und Wien: Franz Deuticke, 1934.

Gerson, M. *A Cancer Therapy: Results of 50 Cases*. New York City, NY: Whittier Books, 1958; 6th ed. (ISBN: 0961152621) Bonita, Calif.: Gerson Institute, 1999.

Gerson, M. *The Gerson Primer: an adjunct to A Cancer Therapy—Results of 50 Cases*. San Antonio de los Buenos, Mexico: Hospital La Gloria, 1982.

Additional books about the Gerson Therapy include:

Gerson C, Straus H, Gerson M. *The Gerson Primer: Practical guidance, resources and recipes for Gerson ® therapy patients*. 4th ed. Bonita, CA: Gerson Institute, 1996.

Gerson C, Walker M. *The Gerson Therapy: the amazing nutritional therapy for cancer and other illnesses*. (ISBN: 1575666286) New York: Twin Streams/Kensington Pub. Corp., 2001.

Giuliano, Dego. *Doctor Max: a novel*. (ISBN: 0882682016) Barrytown, NY; New York: Station Hill Press, distributed by the Talman Co., 1997.

Haught SJ. *Cancer? Think curable!: The Gerson Therapy*. (ISBN: 0961152605) Bonita, Calif: Gerson Institute, 1983.

Haught SJ. *Censured for curing cancer: the American experience of Dr. Max Gerson*. 2nd ed. (ISBN 0882681095) Bonita, Calif.; New York, NY: Gerson Institute, distributed by the Talman Co., 1991, c1962.

Haught SJ. *Has Dr. Max Gerson a true cure for cancer?* (ISBN: 0890410976) Canoga Park, CA: Major Books, 1962.

Straus H, Marinacci B. *Dr. Max Gerson: healing the hopeless.* (ISBN: 155082209X) Kingston, Ont.: Quarry Health Books, 2002.

SCIENTIFIC ARTICLES

Gerson, M. "Eine Bromoformvergiftung."
[Bromocol poisoning] *Ärztliche Sachverständigen-Zeitung.*
(Aus der innern Abteilung des Städt. Krankenhauses im Friedrichshain zu Berlin).
S. 7, 1910. (No known electronic link)

Gerson, M. "Zur Ätiologie der myasthenischen Bulbarparalyse." [Concerning the etiology of myasthenic bulbar paralysis] *Berl. Klin. Wchnschr.* 53:1364, 1916. (No known electronic link)

Gerson, M. "Über Lähmungen bei Diphtheriebazillenträgern." [On paralyzes found in diphtheria carriers] *Berl. Klin. Wchnschr.* 56(12):274-277, Mar. 24, 1919. (No known electronic link)

Gerson, M. "Zur Ätiologie der multiplen Sklerose." [Concerning the etiology of multiple sclerosis] *Deutsche. Ztschr. f. Nervenhe.*, Leipz. LXXIV, 251-259, 1922. (No known electronic link)

Gerson, M.
"Über die konstitutionelle Grundlage von nervösen Krankheitserscheinungen und deren therapeutische Beeinflußung." [On the constitutional basis of nervous symptoms and their therapeutic influence] *Fortschr. d. Med.*, Berl. 42:9-11, 1922. (No known electronic link)

Gerson, M.
"Die Entstehung und Begründung der Diätbehandlung der Tuberkulose. [The origin and rationale of the diet treatment of tuberculosis] *Med. Welt.* [[NLMID 03776641]], 3:1313-1317, 1929. (No known electronic link)

Gerson, M. "Korrespondenzen: Rachitis und Tuberkulosebehandlung." [Correspondences in the treatment of rickets and tuberculosis] *Deutsche. med. Wchnschr.* [[NLMID 0006723]], 55(38):1603, Sep. 20, 1929. (No known electronic link)

Gerson, M. "Phosphorlebertran und die Gerson-Herrmannsdorfersche Diät zur Heilung der Tuberkulose." [Phosphorus, cod liver oil, and the Gerson-Herrmannsdorfer Diet in the cure of tuberculosis] *Deutsche. med. Wchnschr.* [[NLMID 0006723]], 56:478-480, Mar. 21, 1930. (No known electronic link)

Gerson, M. "Comment on Wichmann's article of December 17." *Klin. Wchnschr.* 9:693-694, Apr. 12, 1930. (No known electronic link)

Gerson, M. "Einige Ergebnisse der Gerson-Diät bei Tuberkulose." [Some results of the Gerson Diet in tuberculosis] *Med. Welt.* [[NLMID 0376641]], 4:815-820, Jun. 7, 1930. (No known electronic link)

Gerson, M. "Grundsätzliche Anleitungen zur "Gerson-Diät". [Basic instructions for the Gerson Diet] *Münch. med. Wochnschr.* [[NLMID 7801802]], 77:967-971, Jun. 6, 1930. (No known electronic link)

Gerson, M. "Erwiderung auf die Arbeit: 'Die Gründe der Ablehnung der salzlosen Diät durch die Tuberkuloseheilstätten von Prof. O. Ziegler.'" [Response to Prof. O. Ziegler's work: 'Reasons for the rejection of the salt-free diet by the tuberculosis sanitariums'] *Deutsche med. Wchnschr.* [[NLMID 0006723]], 57:334-335, Feb. 20, 1931. (No known electronic link)

Gerson, M. "Einiges über die kochsalzarme Diät." [Some comments on the low-salt diet] *Hippokrates.* [[NLMID 0413670]], 3:627-634, Mar. 1931. (No known electronic link)

Gerson, M. "Erwiderung auf die Arbeit C. v. Noordens 'Kritische Betrachtungen über Gerson-Diät insbesondere bei Tuberkulose.'" [Response to C. v. Noorden's work: 'Critical observations concerning the Gerson Diet in particular regard to tuberculosis'] *Med. Klin. Wchnschr.* 45:1116-1117, Sep. 9, 1932. (No known electronic link)

Gerson, M. "Blutsenkung bei Diätbehandlung der Lungentuberkulose." [Sedimentation in the diet treatment of pulmonary tuberculosis] *Zeitschr. f. Tuberk.* [[NLMID 0216146]], 63:327-337, 1932. (No known electronic link)

Gerson, M.
"Einige Resultate der Diättherapie bei Kavernen nach vorausgegangener chirurgischen Behandlung." [Some outcomes of the diet therapy with 'Kavernen' following prior surgical treatment] *Verhandl. d. deutsche Gesellsch. f. inn. Med. Kong.* 44:222-224, 1932. [*Translator's note: 'Kavernen' are small cavities in the tissue found in advanced stages of pulmonary tuberculosis*] (No known electronic link)

Gerson, M. "Diätbehandlung bei Migräne und Lungentuberkulose." [Diet treatment of migraine and pulmonary tuberculosis] *Wiener Klin. Wchnschr.* [[NLMID 21620870R]], 45:744-748, Jun. 10, 1932. (No known electronic link)

Gerson, M. "Psychische Reaktionen während der Gerson-Diät bei Lungentuberkulose." [Psychological reactions during the Gerson Diet in

pulmonary tuberculosis]. *Psychotherapeut. Praxis.* 1:206-213, Dec. 1934. (No known electronic link)

Gerson, M.

"Unspezifische Desensibilisierung durch Diät bei allergischen Hautkrankheiten." [Nonspecific desensitization by means of diet in allergic skin diseases] *Dermat. Wchnschr.* [[NLMID 0232054]], 100:441, Apr. 20, 1935. (No known electronic link)

Gerson, M.

"Unspezifische Desensibilisierung durch Diät bei allergischen Hautkrankheiten." [Nonspecific desensitization by means of diet in allergic skin diseases] *Dermat. Wchnschr.* [[NLMID 0232054]], 100:478, Apr. 27, 1935. (No known electronic link)

Gerson, M. "Bemerkungen zum Aufsatz von Neumann, 'Ernährung der Tuberkulösen.'" [Comments to Neumann's paper, 'Feeding of the tubercular patient'] *Wien. Klin. Wchnschr.* [[NLMID 21620870R]], 48:272-273, Mar. 1, 1935. (No known electronic link)

Gerson, M. "Rückbildung von Entzündungen bei Gerson-Diät unter besonderer Berücksichtigung der Tuberkulösen Entzündung." [Regression in inflammations with the Gerson Diet with special consideration of the tubercular inflammation] *Wien. Klin. Wchnschr.* [[NLMID 21620870R]], 48:847-853, Jun. 21, 1935. (No known electronic link)

Gerson, M. "Anmerkung zur obigen Ausführung von W. Newmann." [Notation to the preceding comments by W. Newmann] *Wien. Klin. Wchnschr.* [[NLMID 21620870R]], 48:1069, Aug. 23, 1935. (No known electronic link)

Gerson, M.; von Weisl, W.

"Lebermedikamentur bei der Diättherapie chronischer Krankheiten." [The administration of liver extract in relation to the diet treatment of chronic illnesses] *Wien. med. Wchnschr.* [[NLMID 21620870R]], 85:1095-1098, Sep. 28, 1935. (No known electronic link)

Gerson, M.; von Weisl, W.

"Flüßigkeitsreiche Kalidiät als Therapie bei cardiorenaler Insuffizienz." [High fluid and potassium diet as treatment in cardiorenal insufficiency] *Münch. med. Wochschr.* [[NLMID 7801802]], 82:571-574, Apr. 11, 1935. (No known electronic link)

Gerson, M. "Feeding the German Army." *New York State J. Med.* [[NLMID 0401064]], 41(13):1471-1476, Jul. 1, 1941. (No known electronic link)

Gerson, M. "Some aspects of the problem of fatigue." Med. Record. 156(6):341, 1943. (No known electronic link)

Gerson, M. "Dietary considerations in malignant neoplastic disease; preliminary report." Rev. Gastroenterol. [[NLMID 20130250R]], 12:419-425, Nov.-Dec. 1945. (Available at [GRO](#))

Gerson, M. "Case histories of ten cancer patients: clinical observations, theoretical considerations and summary." National Archives, Center for Legislative Archives, Rec. Grp. 46, Rec. US Senate, Papers Relating to Specific Bills and Resolutions, S.1875, 79th Cong., 2nd Session. Box 110, 8E2 24/14/4, Jul. 1946. (No known electronic link)

Gerson, M. "The Jew and Diet." The Jewish Forum, New York City, Apr. 1948. (No known electronic link)

Gerson, M. "Effects of combined dietary regime on patients with malignant tumors." Exper. Med. & Surg. [[NLMID 0435437]], 7:299-317, Nov. 1949 (Available at [GRO](#))

Gerson, M. "Theorie der diätetisch-medikamentösen Krebs-Behandlung." [Theory of the dietetic-medication cancer treatment] Der Wendepunkt. Zürich, Switzerland, XXVI(12):379-386, Nov. 1949. (No known electronic link)

Gerson, M.
"Kein Krebs bei normalem Stoffwechsel; Ergebnisse einer speziellen Therapie." [No cancer in normal metabolism; results of a special therapy] Med. Klin. [[NLMID 0376637]] 49(5):175-179, Jan. 29, 1954. (No known electronic link)

Gerson, M. "Krebskrankheit, ein Problem des Stoffwechsels." [Cancer, a problem of metabolism] Med. Klin. [[NLMID 0376637]], 49(26):1028-1032, Jun. 25, 1954 (Available at [GRO](#) and [ACT](#))

Gerson, M. "Zur medikamentösen Behandlung Krebskranker nach Gerson." [On the medication treatment of cancer patients after Gerson] Med. Klin. [[NLMID 0376637]], 49(49):1977-1978, 1954. (No known electronic link)

Gerson, M. "A New Therapeutical Approach to Cancer." Herald of Health, Apr. 1957. (No known electronic link)

Gerson, M. "Cancer – Reflected Symptom of Abnormal Metabolism." Let's Live Magazine, Los Angeles, CA, 1957. (No known electronic link)

Gerson, M. "The cure of advanced cancer by diet therapy: a summary of 30 years of clinical experimentation." (lecture given in 1956) Physiol. Chem. Phys. [[NLMID

0202364]],10 (5):449-464, 1978. (Abstract available at [Entrez PubMed](#) ; Article available at [DY.Com](#))

For further information about Dr. Gerson and the Gerson therapy, please see the following sources:

The Gerson Institute <http://www.gerson.org>

Additional bibliographies of published clinical studies showing the demonstrated benefits of the Gerson treatment are posted at: http://doctoryourself.com/bib_gerson_therapy.html

<http://www.gerson-research.org/bibliography/index.html>

To learn more about how to do the Gerson Therapy: <http://www.doctoryourself.com/gersontherapy.html>

You may watch, free of charge, the cancer treatment documentary *Dying to Have Known* (2006) at <http://video.google.com/videoplay?docid=-7357629140536485998>

(DoctorYourself's Andrew Saul is onscreen between minutes 46 and 50.)

<http://www.doctoryourself.com/gersonspeech.html> is the transcript of a speech by Dr. Gerson himself.

http://www.doctoryourself.com/bib_gerson_therapy.html is a bibliography of published clinical studies showing the demonstrated benefits of the Gerson treatment

http://www.doctoryourself.com/bib_gerson.html is a bibliography of all of Dr. Gerson's scientific writings.

Watch a full-length documentary movie about the Gerson Cancer Therapy, free off charge, at <http://www.gersonmiracle.org/miracle.html>

Book and film reviews, as well as interviews are posted at:

<http://www.doctoryourself.com/gersontherapy.html>

<http://www.doctoryourself.com/bestbooks.html>

<http://www.doctoryourself.com/gersonbio.htm>

<http://www.doctoryourself.com/news/v2n21.txt>

<http://www.doctoryourself.com/news/v2n4.txt>

<http://www.doctoryourself.com/news/v4n16.txt>

<http://www.doctoryourself.com/news/v4n19.txt>

<http://www.doctoryourself.com/gersontherapy2.html>